

ZAKHENI

TRAINING & DEVELOPMENT CENTRE



ANNUAL REPORT
2011/12

SPONSORED BY







Our Vision

Developing healthy, productive young people who will invest back into communities and the environment.

Our Mission

To engage communities by disseminating information that enhances development and mobilise young people to participate in self growth opportunities.

FOREWORD

The ZTDC established in 2003 as a Non-Profit Organisation (NPO) operating in three provinces of South Africa Gauteng, North West & Limpopo. The organisation has the mandated responsibility to ensure that all people have access to the supportive information pertaining to the issues which affects life in general.

South Africa is a developing country and it is essential that young people are prepared to face life in a positive attitude and that they are well informed about abstinence at adolescent development stage and to address issues such as HIV and Aids, Tuberculosis (TB), alcohol and drug abuse.

PURPOSE OF BOOKLET

To present broad activities of the Zakheni Training & Development Centre (ZTDC) over the past year and provides an outlook for the organisation's future.

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ACKNOWLEDGEMENT

This document was compiled with inputs from various programmes and activities within the ZTDC as well as a number of associated organisations.

Our special thanks should also go to the following people: Pastor Samuel Ditsele (Provincial Coordinator NW), Lerato Kekana (Provincial Coordinator Limpopo), Gift Nkomo (Provincial Coordinator GP) and Elizabeth Matlo (Programme Coordinator, Environment, Arts & Culture), for their massive input to the compiling of this annual report.

Had it been that our Programmes Facilitators, Community Health Workers and Peer Educators have not gone flat out to implement the programme, we would have nothing to report on- We salute you.

CONTENTS

1	Message from the Founding Director	7
2	Board Members	9
3	Letter from the Chairperson	10
4.1	ZTDC Annual Review	11
4.2	Youth in and out of School Programmes	12
4.3	YOS Training Camp	13
4.4	The World AIDS Day Celebrations	14
4.5	Parents Seminar	15
4.6	TB Door to Door Campaigns	16
4.7	Youth in School (YIS) Holiday Seminar	17
4.8	Sustainable Radio Talk Shows	18
4.9	Community Capacity Enhancement Methodology	19
4.10	Environmental, Arts and Cultural Programme	20
5	Ultimate Accomplishment	25
6	Keyed up Challenges	26
	Annexure: Project Impact Assessment	27
	Our Donors and Funders	35
	List of Stakeholders	36

1 Message from the Founding Director



In a world of confusion, dilemma and insecurity, it is encouraging to know that there are organisations such as Zakheni whose energies and expertise are entirely focused on training and developing the youth of our country to live a positive lifestyle and thus ensure that South Africa is free from the spread of HIV and AIDS and by addressing issues that affects our communities in the face of unavoidable sufferings.

I am proud to be associated with an organisation that has been a solution in the lives of the South African communities as trendsetter and an initiative which has made its mark. As Zakheni prepares to celebrate 10 years of dedicated service delivery within the communities with which it is associated, I therefore, reflect with enormous pride, on an extraordinary achievement and remarkable accomplishments since the inception of the organisation.

Zakheni has, over many years, also contributed substantially towards the awareness of HIV/AIDS in the society and many people remain HIV negative because of the information that was disseminated and changed their lifestyle to this very last day. However, those who were already affected with this epidemic have not given up their lives and they are out there making positive differences in the lives of the community in every day life situation.

The organisation played a leading role in a wide range of workshops that culminated in the dissemination of new information that enhances development and mobilise young people to participate in self growth opportunities. I therefore, demand and wish that all young people who are living in this country face and deal effectively with the challenges of drug and alcohol abuse, teenage pregnancy and peer pressure because if we are to succeed in

creating a healthy, safe, clean and HIV/AIDS free South Africa, each of our people can enjoy a better quality of life.

Zakheni has made considerable progress and will continue to endow fully and heavily in realising its vision of developing, healthy, productive young people who will invest back into communities and the environment. However, there are several extraordinary people and significant stakeholders who are strengthening our efforts to achieve this vision, and I would like to pay tribute to and commend the following:

Zakheni Board Members for their unwavering support, wise counsel and for giving, so generously, of their time, skills and energy. I also thank our dedicated National Project Coordinator, Mr Kawepano Mbale, for his vision and the passion with which he continues to stir Zakheni and the staff and volunteers of Zakheni, for the considerable endowments that they have made this past year. All that Zakheni has achieved is directly attributable to these remarkable people and their unfailing commitment to the organisation and its vision of a healthy South Africa for us all who commune in it.

It is in this spirit of gratitude that I salute and pay tribute to the National Lotteries, our government, especially the National Department of Health, Social Development, the schools, clinics and other stakeholders, local and international, as well as our individual supporters and many partners for their support. I am deeply grateful for your generosity and unwavering belief in our cause during the 2011/12 year.

Teboho Molepo

Founding Director



The Director and Staff at Zakheni office in Soshanguve (Gauteng).

2 Board Members



Founding Director
Ms. T. Molepo



Chairperson
Ms. M. Mabena



Deputy Chairperson
Ms. T. Mathebe



Secretary
Ms. P. Kganyago



Treasurer
Ms. E. Makhubela



Board Member
Mr. T. Letsholo



Board Member
Mr. J. Sithole



Board Member
Mr. M.T. Mmetwane

3 Message from the Chairperson



As we reach the end of another year we reflect on and celebrate the achievements and successes of the past twelve months during which Zakheni stood firm and proud, boldly facing health issues that affect our communities in South Africa. Zakheni remains at the forefront of South Africa's communities in dealing with the HIV/AIDS, TB, STIs, Teenage Pregnancy, Drug and Alcohol Abuse through promoting abstinence from sex, alcohol, drugs and crime.

Ours is still the leading non-profit organisation providing education, information and developmental programmes that eradicate the spread of HIV/AIDS and other related matters in a holistic approach reducing and preventing new infections, as we work at every level in our communities with individuals, families, institutions by the means of youth interface in the provincial communities we serve.

It is widely acknowledged and commonly accepted by South Africans from all walks of life that HIV/AIDS is one of our greatest and most unbearable challenges. Despite the extraordinary consideration that has been afforded to wipe out this deadly disease over many last years ago, there is still no cure for HIV/AIDS and for this reason Zakheni has not ceased to spread the message of safe sex and abstinence to the communities of this country as large.

While there is widespread agreement that HIV/AIDS is a considerable problem, most South Africans tend to look to someone else for the solutions. Zakheni is more committed than ever to understanding, reducing and preventing referring and counselling many people who benefit from its programmes by making use of strictly ground-breaking and effective methods to achieving its objectives.

It is only by working together, forming powerful partnerships and taking action as a united front that we will achieve a healthy and HIV/AIDS-free South Africa. This is, therefore, an impassioned plea to join forces with us and support our tried and tested programmes and projects. Together we really can build a better society where all South Africans and communities can enjoy a good quality of a healthy lifestyle.

Lastly, staff and volunteers you are valued and celebrated for sharing your skills and expertise and passion for improving the lives of others.

Ms M Mabena
Chairperson

4.1 ZTDC Annual Review

As part of our organisation's performance monitoring approach, we have chosen to structure this report in alignment with the annual activities and programmes. Notably, we are reporting on our activities during the year and on progress made in meeting our objectives through implementing various events and measuring their performance.

Although structuring the report in this way, it significantly contributes to the reader's assessment of Zakheni's progress in achieving these key performance activities during the 2011/12 year in review, not all the programmes, initiatives and activities of Zakheni can be easily assigned to one or other of the main events. Reporting on all the activities under each province would result in significant duplication and repetition.

Instead, we have sought to report on activities in the area of most direct impact. Zakheni has been with awareness projected in the course of bringing the activities that are in sequence with training and the development of the communities it serves and presented in a various forms to the provincial centres covered at large.

Zakheni also offers Peer Education and life-skills programmes to the youth in school and those who are out of school focusing on HIV/AIDS prevention, TB and adolescent development programmes. However, Zakheni has been successful performing the following activities and events during the period which is under review:

- **Youth in and out of School**
- **YOS Training Camp**
- **The World AIDS Day Celebrations**
- **Parents Seminar**
- **TB Door to Door Campaigns**
- **Youth in School (YIS) Programme**
- **Community Capacity Enhancement Methodology**
- **Environmental, Arts and Cultural Programme**
- **Sustainable Radio Talk Shows**

In this year's review, we will share some snapshots from our organisation journey. Since Zakheni was able to find that the greatest needs of our communities matched its deepest desire to make a difference in South Africa.



4.2 The Youth in and out of School Programmes

These ultimate programmes are implemented by 12 Programme Facilitators and 65 Peer Educators who give support to the weekly clinic and community health talks promoting a healthy lifestyle and the promotion of HCT. However, they provide HIV and Aids awareness and Peer Education with peer group members in the communities and the coordination of the overall strategy is administered by the National Project Manager and the Founding Director.

On the other hand, the Youth in School programme is gaining more recognition at an increasing rate of success as many schools are now partnering with Zakheni in an effort to educate the youth in school about the challenges that affects their lives in the general sphere of their development. Peer Education sessions are therefore effective for the youth in school as they are offered three times a week help to achieve the objective and the mandate of the project which is TB, STIs, HIV and Aids prevention, and Drugs & Alcohol use.

The coordination of the overall strategy and technical supervision by the National Project Coordinator and expertise from the Founding Director supporting programme implementation, and mentorship, to achieve the desired output. Nevertheless, a one day training camp holiday programme for the Youth in School was held on the 1st of April 2011. Amongst other things the programmes provided crucial education on HIV/AIDS, peer education, team building and leadership skills.

Kgetsiyatsie Junior Secondary School in Hammanskraal held the tremendous Peer Group Sessions for the Youth In school, enchanting their activities seriously.

However, the Peer Educators for the Youth out of School present their monthly reports to management in an attempt or cause to measure their performance against their role execution. This programme has a constructive role family and as their results are always optimised by the hard work they instil in ensuring that they transmit the acquired knowledge to be of further assistance to their peers.



4.3 YOS Training Camp

On the 6th of November to the 11th of November 2011, Programme Facilitators embarked on the Youth out of School Training Camp that attracted 63 Peer Educators at Magaliesberg. They learned as much as they were expected and the training sessions were edifying to the point that all the participants acquired new knowledge and skills ready to face their daily life situation as Peer Educators. They posed for various pictures during the camp and many activities were fitted into place in recreational team building.

The team also received certificates from Alebelle Institute of Professional Studies in Monitoring and Evaluation, and Environmental Management. All of their faces were filled with smiles and these were indeed the result of the training camp as it also helps them relax their minds off the issues they face out there when implementing real life activities surrounding HIV/AIDS and TB.

Samuel Ditsele was very contributing as he collaborated with the Peer Educators and presented meaningful workshops over the a period of two days that encompassed around Facilitation, Peer Education and Report Writing. During a two days training session from the 9th to the 10th of November 2011, the Peer Educators were also given an opportunity to exercise their knowledge and impart it to those who were in lack and this has also yielded positive improvement and consistence in terms of programme implementation.

The Youth out of School training camp was well organised and then it led to the Peer Educators gaining massive knowledge on different disciplines across all walks of life. It is an occurrence that no Peer Educator should miss if given a chance to participate once again in the near future. However, during obstacle courses at the YOS camp teams and character building exercises were put into place which made it a successful event.



Peer Educators and Programme Facilitators during the obstacle courses at Magalies Retreat.



4.4 The World AIDS Day Celebrations

The event was initially scheduled to take place on the 1st of December 2011 since other provinces were set to celebrate this international event in November as venues were a determining factor. However, the World AIDS Day was held on the 2nd of December in Gauteng. In North West it was held on the 30th of November 2011 and then on the 8th of December 2011 it was held in Limpopo.

Further, the initial schedule was changed because the respective provinces had to support the district and provincial government activities on 1st of December 2011, as during this international World Aids Day, the governmental departments need further assistance in highlighting the issues evolving around this day as there will be a huge demand of HCT.

The 1st of December is a well known international day when the whole world honours those who died from the disease and celebrate live with those who are infected and affected with HIV/AIDS pandemic as the response towards it goes on. In Gauteng, the World Aids Day Celebrations took place at KT Motubatse Community Hall in Soshanguve a township located in the north of the City of Tshwane.

During the celebrations, Mr Simon Tshabalala motivated the attendants in the community hall on how to live a positive lifestyle and how to aspire all greater things in their life no matter what lies ahead in their future. He was also inspired in enthusing all the general public on how to challenge the HIV/AIDS pandemic with a greater courage for growth and the power of sustenance available to help treat those who will test positive and those who are already positive but not on any treatment.



Mr. Skosana dressed in woman's dress to experience the other side of the coin - what it means to be in a world of stigma and discrimination.

The World Aids day in Gauteng attracted about 769 attendants and then out of these attendants 125 of them went for HCT. On the other hand about 408 people attended the event in Limpopo and 106 attendants responded for HCT while in North West there were 308 community members gathered at the event and then only 195 went for HCT. These means that total of 1485 community members attended the Zakheni World AIDS Day and then 426 of them participated in the HCT whereas 1059 learning a lot from the various speakers and activities of the day.

The community and Peer Educators shared their experiences as they pressed issues that affected them, and they had a clear understanding of various concepts of HCT. These events yielded positive results, community members took lead during the community dialogue sessions on World Aids Day celebrations, sharing their opinions against stigma and discrimination on HIV/AIDS.

4.5 Parents Seminar

Parents now understand the programmes that Zakheni offers to their children. The parents' involvement and their support to the programmes have drastically improved. The Parents Seminar was held between the 16th of February 2012 to the 18th of February 2012 at Suurman Community Hall in Hammanskraal north of the City of Tshwane, Gauteng – The other provinces had their events too.

This extraordinary event attracted parents from various areas around the City of Tshwane as the registration table was so full of parents which means that if extra carefulness was not implied a stampede could have occurred. Zakheni is therefore, proud to have such parents who are always showing willingness to participate in the programmes offered to their communities.

This one day Parents Seminar aims at orientating the parents of Peer Educators of both the Youth in School and Youth out of School about the programmes that Zakheni offers to their children. The Right to Care also provided HCT services to the parents who freely availed themselves in an attempt to know their HIV status.

At last a Tsonga Traditional Dance mesmerized the community during Parents Seminar, attracted a mother who felt reminded of her old hay days – She took to the dance floor. Her excitement and joy was the evidence that community mobilisation strategy on HIV/AIDS Educational Programmes aimed at orientating parents on programmes that Zakheni offers to their children was a success.



4.6 TB Door to Door Campaigns

On the 5th March 2012 - 16th March 2012 a pool of Peer Educators and Programme Facilitators went on the community invasion with TB and HIV Integration information awareness and availed referrals where a need was identified in Mmotla Village, a rural area in the north of the City of Tshwane.

During this period a 2 days workshop on TB and HIV/AIDS was as refresher training for Programme Facilitators and Peer Educators on TB and HIV/AIDS integration before rolling out a Five day TB-door-To-door campaign into the community which offered educational messages and prevention of TB and HIV and thus provided referrals where there was a need. This campaign was mostly implemented in conjunction with the sub-district department of Health.

However, the World TB month was still the main focus to roll out the door-to-door and mobilise referrals for treatment whereas the actual 5 days campaign was carried out by Peer Educators in all the provincial areas of operation. They had to first give the background of TB to the people who opened doors for them and explained how does TB develop spread to other people if not treated.

As a result of the discussions about the types of TB including signs, symptoms, diagnosis, prevention and management many people became receptive to testing and counselling. This strategy was effective because if the community is mobilised for TB services, they have the opportunity to know their HIV status and this is voluntary.



4.7 Youth in School (YIS) Holiday Seminar

The transformation of knowledge from Peer Educators with leadership qualities to the Youth in School has shown a great deal of success because the adolescent development programmes offered by these Peer Educators have produced positive response. The effective verbal and written feedback on YIS session shows that there is a transfer of information from educators to peers and from peers to peers.

As from the 1st of April 2011 to the 3rd April 2011, an event that was aimed at addressing the issues that affect the Youth in School was held during the school holidays at KT Motubatsi Community Hall. Ms Tsebe, one of the highly respected Educational Psychologist in Soshanguve engaged the Youth in School and challenged their interpersonal skill, verbal communication, comprehensive ability and their aspirations in life.

A dialogue on HIV/AIDS prevention was laid bare before the Youth in School and they have participated with passion as they were passionate about abstinence. They have shown signs of delaying premarital sexual intercourse and some have indicated that faithfulness and consistent condomisation is important once a person is sexually active. Furthermore, this resulted to Abstain and Being faithful and condomisation as prevention methods that have been widely disseminated across the international community.

The Youth in school during the three days holiday programme paid careful attention to the speakers and heard whatever knowledge they acquired into the slanting positions of their ears. The schools that attended the programme included Dilopye Middle School, Kgetsi ya tsie High School, Baleseng Middle School, Ntsako Middle school, Boste Botse High school, Hans Kekana High School, Semphato Middle School and Boepathutse Secondary School.

Note further that our two provinces, Limpopo and North West also had similar events respectively and it is reported that their events were also successful.



4.8 Sustainable Radio Talk Shows

Radio is one of the mass media channels through which communication is disseminated or conveyed to the large of recipients or mass audiences. Zakheni has partnered with community radio stations in the three provinces of its operation, namely TUT radio which is based in Gauteng, Mafisa radio which is based in North West and Tubatse FM radio which is based in Limpopo.

Live radio broadcast shows make a tremendous impact onto the communities through the dissemination of health issues, such as HCT, abstinence, prevention strategies against HIV/AIDS and TB. This programme is not about dumping communication to the ears of the communities and not making sure that they understand its content. Radio listeners are allowed to call and air their views or requests and nevertheless follow-ups workshops are arranged to emphasize the importance and necessity of the information.

Zakheni makes the communities get involved through well-researched information based on objectives and accurate facts in the prevention of HIV/AIDS and TB. This involves inviting facilitators to explain how programmes work and how they can be accessed. However the broadcast shows make it possible for information to spread through friends, families, neighbours and so forth through committed radio listenership and information sharing.



4.9 Community Capacity Enhancement Methodology

About five training workshops have been conducted recently for Programme Facilitators and Peer Educators at national and provincial level. Community Capacity Enhancement (CCE) Methodology (Community Dialogues) workshops were held in the three national provinces of operation.

For purposes of this report, and the year under review, one training was held only in Gauteng. The CCE methodology training was held from the 26th of March 2012 to the 30th of March 2012. However, the facilitation was an architect of the Nelson Mandela Foundation in partnership with the Germany Technical Cooperation (GIZ) trained Trainers.



4.10 Environmental, Arts and Cultural Programme

The evidently changed weather patterns, the current levels of starvation in Kenya and numerous other African countries in particular, the series of Conference of Parties, including the COP 17, recently held in Durban, are a clear indication that the environment has taken a knock and the main culprits, the human race should take a step back, look at their negative contribution to the environmental quagmire and provide sustainable solutions.

Central to the achievement of this ideal, is education of awareness. This approach is premised by an understanding that "An investment in the youth is an investment in the future". Unless something is done urgently to mitigate the negative effects on mother earth, the status quo remain unchanged or even worsen and history will judge us harshly.

Arts and Culture

The arts and culture programme is an enrichment programme that seeks to undo the effects of the dark and sad history of this country through promotion of:

- ✓ Unity in diversity
- ✓ National reconciliation
- ✓ Social transformation
- ✓ Social cohesion
- ✓ Establishment of new South African National identity

Once we reach a point where different South African Cultures can co-exists through forged mutual understanding, half the battle towards national reconciliation and nation building would have been won. Arts and culture will provide better understanding of diverse population groups, with a subsequent result in improved and better co-existence.

Introduction

This assertion seeks to provide a bird's eye view of a project dubbed, **Make Africa Cool**, an environmental, arts and culture awareness initiative by Zakheni Training and Development Centre, hereafter referred to as ZDTC. The Project is funded by National Lotteries Distribution Trust Fund (NLDTF). We further have a working relationship with the office of the Speaker; Tshwane Municipality, National Heritage Council (NHC), Freedom Park and Ditsong Museum.

The project integrates environment with arts and culture, and over and above it being an independent programme, arts and culture is used to educate and raise awareness on related challenges. This report further provides feedback and evidence of activities in environment, arts and culture as a means to achieve set objectives of the programmes as captured below. These activities include:

- ✓ Workshops (environment, arts and culture)

- ✓ Art Exhibition (Art)
- ✓ Camp (environment)
- ✓ Heritage Celebration (environment-cum-arts and culture)
- ✓ Campaigns (environment, arts and culture)
- ✓ Indigenous knowledge System

The above activities are underpinned by the following programme objectives.

Programmes Objectives

- Formation of environmental clubs as a means to educate communities and schools on environmental sustenance.
- Organising special environmental campaigns including, tree planting, clean-up operations and seeking community buy-in for participation.
- Youth exposure to careers within the heritage, arts and culture sector and provision of relevant information.
- The use of a community newspaper as a resource and tool to raise awareness on heritage, arts and culture issues
- Promote the use of indigenous language and encourage preservation thereof by communities.
- Organise heritage, arts and culture campaigns and mobilize for community participation

Programme Implementation (Youth out of school and Youth in school)

In pursuit of programme implementation, programme facilitators visit youth out of school groups once a week. These visits are to ensure that the mandate of the programme is adhered to and to provide necessary support. It is during these visits that facilitators together with peer educators develop themes for the week, either in environment or arts and culture.

These developed themes are derived from the national calendar and/or activities. To ensure that group membership is maintained, an attendance register is signed. In the case of Youth-in-school, such visits are further used to discuss programme challenges with Club Patrons who are school based educators.

Activities

Activities of this programme seek to capacitate and transfer skills to the beneficiaries. The academic and other developmental levels guide the frequency and the content of training provided. These activities further seek to expose the youth to a practical way acquired skill contributing to the realization of the programme objectives.

Activities include: Capacity building workshops, promotion of indigenous languages, arts and culture special events, clean up campaigns, removal of alien plants, tree planting campaigns and Indigenous knowledge Systems.

To this end, ZTDC organised a clean-up campaign at Block KK in Soshanguve where 65 participants took part. This campaign proved meticulously organised and evident to this was the resources and youth-out-of-school that turned out. Institutions like the local municipality developed interest and joined the initiative.

ZTDC further organised a tree planting campaign which was staged in September in line with the national calendar. During this initiative, fruit and indigenous trees were planted in the following schools:

- Semphato Secondary School
- Baleseng Secondary School
- Kgetsi ya tsie Secondary School
- Boepathutse Secondary School
- Ratshepo Secondary School
- Noditela Secondary School
- Hans Kekana Secondary School
- Botse-Botse Secondary School
- Ntsako Secondary School

Participation in all the school was not limited to Youth-in-School group members as the general school population took keen interest and assisted in planting the trees. Environment, Arts and Culture articles produced by ZTDC facilitators and peer educators were published in the local newspaper, Sosh Times. This was done once a month on ten issues.

The Arts and Culture Competition which was advertised in Sosh Times attracted amazing attention. After a tedious marking of the submitted work, Alpheus Lepelle from New Eersterus YOS group, Diloppe Sec. School, and Kgetsi ya tsie Sec School scooped the first prizes in different categories. Prize money and other prizes were awarded in a specially organised prize ceremony.

The compiled and in circulation Environment, Arts and Culture booklet was the highlight of our commitment to the project. The booklet is an easy read and seeks to socialize information on the programme. These activities are in sync and are intended to support thoroughly formulated aims and objectives of the environment, arts and culture programme.

Collaboration Rationale

In order to amplify resources and collate as much information as possible, depending on the occasion, partner with likeminded institutions and organisation. This helps among other to provide to the beneficiaries with accurate and current information. This strategic partnership helps to:

- Avoid duplication of services
- Synergise initiatives and programmes
- Reinforce capacity and resources

Against this backdrop, ZTDC invited stakeholders from various organisations, government departments and institutions of higher learning. Numerous other stakeholders are invited to be part of the event. The following institutions have been willing and have partnered with ZTDC previously:

- National Heritage Council
- University of Pretoria
- University of Limpopo (Medunsa Campus)
- City of Tshwane (Nature Conservation Unit)
- City of Tshwane (Electricity Unit)
- Department of Education
- Department of Environmental Affairs

Local budding and established group have been invited and took part in cultural events. These groups include but are not limited to Afrika-entle, Bravo and Peace Makers. Workshops on various aspects of the environment, arts and culture are conducted to further capacitate beneficiaries with information relating to a particular aspect of the project.

Project Impact

The overwhelming emerging new groups and participation levels of both youth-in-school and youth-out of school is conclusive evidence provided that our mandate has been successfully carried out and in some instances went beyond anticipated standards. The collaboration with other institution, government departments and likeminded organisations further indicate that a number of stakeholders have come on board in support of the programme.

The direct impact of the programme manifests in awareness levels being raised, an increase of membership and an interest in government and others organisations who want to partner with us directly or indirectly.

2011 Heritage Celebration in review



Mr. Thabo Letsholo, Operations Manager (Zakheni) handing over an art work to the CEO of Ditsong Museum, Mr. Makgolo Makgolo during the Heritage celebrations in Tswaing.



The Director of Zakheni posing with Mr. Motsoenyane (The Environmental Activist and Farmer) and his wife at Tswaing.



Ms. Julia Barnes, Deputy Director - Ditsong Museum and Mr. Letsholo handing over an art work to Ms. Molepo.



5 Ultimate Accomplishment

The three provinces have been able to mobilise community members for HCT through the clinic health talks.

The willingness of Peer Educators to volunteer in provincial offices and those willing to volunteer as Peer Educators without a stipend is enhancing programmes activities to run smoothly. Training about 23 Peers taken from a pool of Peer Educators and Programme Facilitators from three provinces on No Apologies Programmes training for HIV/Aids Prevention organised by Africa Focus on family South Africa has been effective and is enhancing the impact of project implementation.

In Gauteng they have recruited new schools and Primary Health Care Clinic onto the programme and these are Masebe High School in Hammanskraal, and Block JJ and Boikhutsong Clinics both in Soshanguve.

Effective implementation of programmes including TB door-to-door campaigns: Parents seminars and YIS Holiday Programmes in the three provinces.

Recruitment of new peer educators to replace those who have moved on scheduled stakeholders meeting such as Royal Bofokeng and Impala platinum interested to work with Zakheni on HIV and AIDS programmes.



Environment, Arts and Culture Programme - during a Clean up campaign which was held jointly with City of Tshwane Waste Management Unit, Block KK, Soshanguve.

6 Keyed up Challenges

Language barrier because some patients in clinics do not understand English and were opposed to the use of any other language other than which is tribal linked to them. The working partnership with Clinics and or Primary Health Care Centres is still cold, most Clinic Managers were uncooperative affecting the performance of our Health Care workers in clinics. And indeed, in some Clinics and Health facilities, they have a challenge for space to enable our Health workers/Peer educators easily run the health talk sessions. Hence reaching the target in some provinces has been decimal.

And the Educators from the schools we operate were uncooperative with the Programme facilitators to run the programme. The sub-district department of Health's delay of permission letter intercepts our time line of operations to enable Peer educators especially in the North West to function effectively in the Clinics. The geographical positioning in some areas (i.e.) Limpopo makes movement for our Peer Educators a hassle; the villages are scattered because the place is mountainous.

Other provinces didn't reach their target especially for the YIS Holiday programme – most learners were withdrawn because they had extra classes still running during the holiday period.

There's great resistance from some Clinic Managers to cooperate in terms operating in their clinics for Health talks and release of statistics on Performance indicators for programme assessment.

Annexure:

PROJECT IMPACT ASSESSMENT

Internal Performance Audit HIV/AIDS Prevention Education Programme

5th July 2012

Table of Contents

Internal Impact Project Assessment	29
Background of Zakheni	29
HIV/AIDS Prevention Education Project	29
Performance Indicators	29
Recommendations	31
Conclusion	34
Sources	34

INTERNAL IMPACT PROJECT ASSESSMENT

The impact assessment programme was instituted internally by the Management of Zakheni Training and Development Centre in order to evaluate the performance of the programme on HIV/AIDS Prevention Education.

The assessment was conducted by a team of Zakheni with inputs from our local clinics in which we operate. We also got hold of Evaluation and Registration forms used, and the HCT service Providers during the community mobilisation campaigns.

BACKGROUND OF ZAKHENI

Zakheni Training and Development Centre (ZTDC) was registered as Non-profit organisation by the Department of Social Development on 23 December, 2003 after the founder realised the need that the young population group was facing challenges which negatively impacts on their lives, such as HIV/AIDS, teen pregnancy, substance abuse, unemployment, and Environmental challenges.

To address the challenges, the Centre initiated programmes that involve the youth to be the force responsible in implementing the programme.

Peer Education for youth In and Out of school became the ideal notion.

Responding to the needs, such programmes were tussled, HIV/AIDS Prevention Education; Environmental Education, Arts and Culture Programmes. The programmes *a quo* has incorporated the Youth Skills development concepts, Community Capacity Enhancement (CCE) Methodology; Leadership and Team Building.

The focus has been the youth ages between 12 – 17 years for the In school programme and 18 – 35 years old for the Out of school Youth.

HIV/AIDS PREVENTION EDUCATION PROJECT

Targets the youth in school and out of school –and the majority of whom are recruited as our Community Health Workers also known as Peer Educators (PEs). Each PE has a group of at least 25 members who help enhance our outreach programmes.

Activities employed during community mobilisation include; Mentorship and Support: Abstinence Walk: Community Capacity Enhancement (CCE) methodology Strategy: Cultural and Heritage Event: World Aids Days: Door-to-Door Campaigns: Peer Education: Radio Talk shows: Road shows: Advocacy on Concept Prevention Strategy; HIV Counselling and Testing; Clinic Health Talks; Community Education.

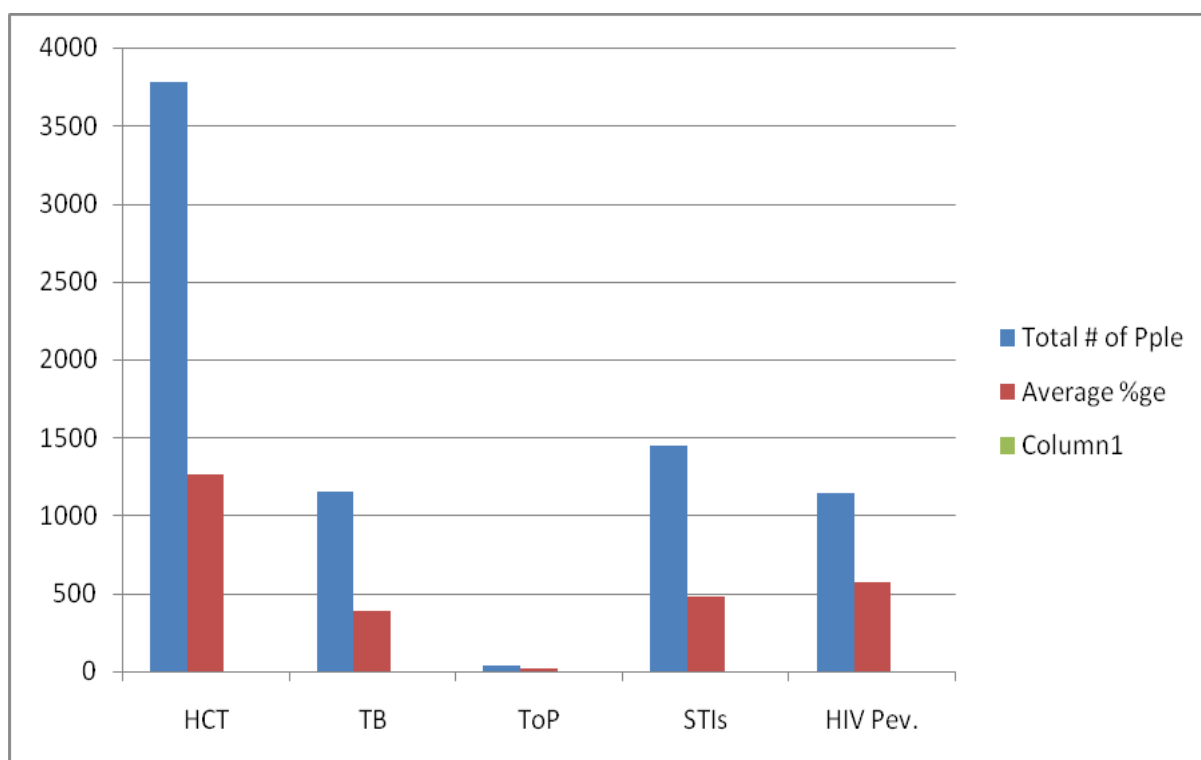
PERFORMANCE INDICATORS

The list hereunder illustrates the project impact assessment for the previous funding circle 2011/2012 on the following performance indicators:

1. Prevalence levels of Teenage pregnancy

2. Number of cases for Termination of Pregnancy among the youths
3. Number of TB cases among the youth
4. Number of STIs cases (new episodes) among the youths
5. HCT uptake among the youth
6. Records of abstinence levels among the youths

Among other interventions, Zakheni operates and conduct health talks in clinics: in Gauteng – Maria Rantho, Block JJ, Clinic 3, Boikhutsong, Kgabo and Gateway Clinics: In North West – Chaneng, Phokeng, Monakato, Kanana, boitekong; Luka and Tlaseng Clinics. Limpopo-Meckleunurg, Mpheobophelo, Mmutlene, Phasha, Matofane, Motlolo and Nabomtopis clinics as of November, December, January, February, March, April and May.



The chart graph indicates the impact levels of the project in the last funding cycle for a period of six months with funding from the National Department of Health. The organisation registered an average of 1260.33% of youth and community members who went for HIV Counselling and Testing during our community mobilisation campaigns.

HCT is our core strategy for community outreach to ensure that the society was aware of their HIV zero status – to contribute towards a responsible behaviour, avail peer support and referrals for treatment and counsel on the effective of treatment prevention. The high response towards getting an HIV test indicates a changed behavioural communication towards HIV and AIDS: Community awareness on the need to prevent infection and down play on stigma and discrimination.

A changed behaviour places the government in a position to allocate and reallocate resources to important need of areas to address challenges, and slide a massive roll out of ARV treatment and therapy. TB cases were at 383.33% and STIs cases were at 483.33% which represents moderate incidents of HIV infection among the age group between 18 – 35 years

old. TB and STIs infection are the precipitating indicators of HIV prevalence – the higher the case of indicator the higher the infection rate.

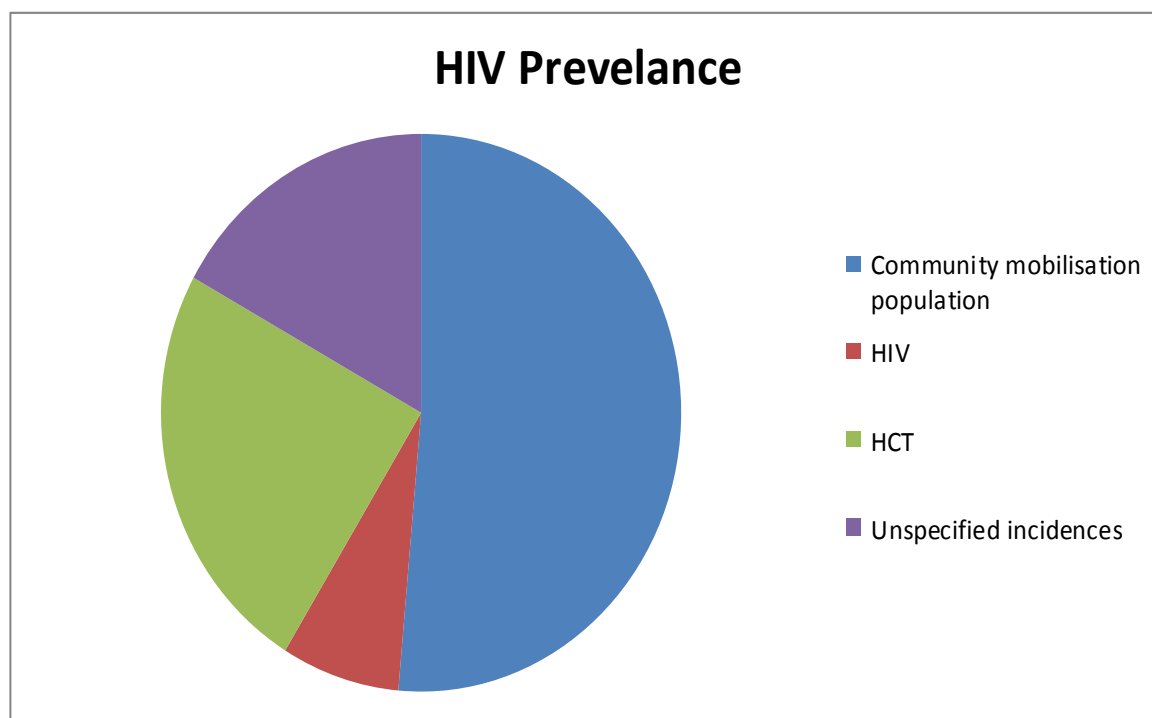
Cases of Termination of Pregnancies in the three provinces project an average of 19.5% slightly lower than usual, indicating levels of high abstinence among the youth; and the use of contraceptives in the same age group: and that on average, the majority effectively use condoms. This trend may as well substantiate the variations in STI infection in relatively same age group between 18 – 35 years old: With 572.5% average HIV baseline prevalence, representing 1145 people living with or contracting HIV during last funding cycle, in three provinces. This figure is unusual, projecting a down trend infection rate or the infection rate is becoming stable.

The finding in this age group shows that efforts to achieve the millennium Development Goals (MDGs) must be significantly strengthened.

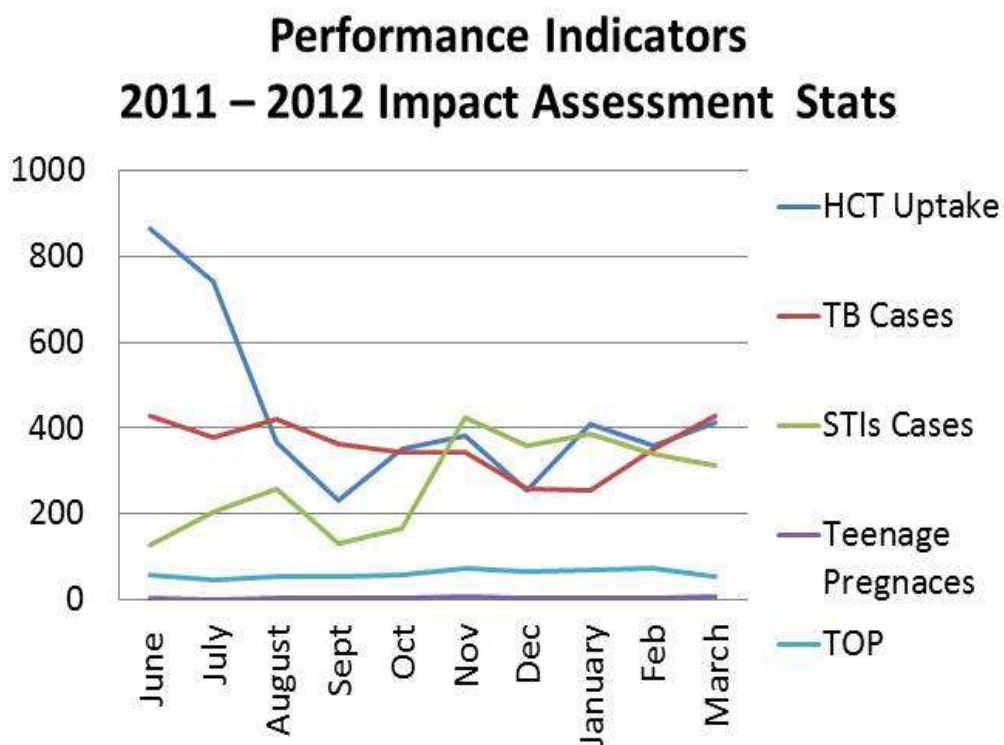
According to the National Antennal Surveillance Survey 2010, Limpopo and Gauteng registered in the previous years a stable infection while as North West experienced a reduced HIV infection.

RECOMMENDATIONS OF PROJECT ASSESSMENT

- The HIV/AIDS Project is making tremendous in roads into the community with regard to HCT.
- A reduced number of pregnancies terminated in the last funding cycle, suggests high levels of abstinence or use of condoms among the youths.
- A baseline variation between STIs and TB cases among the youth age group, calls for acceleration of prevention messages at all levels.

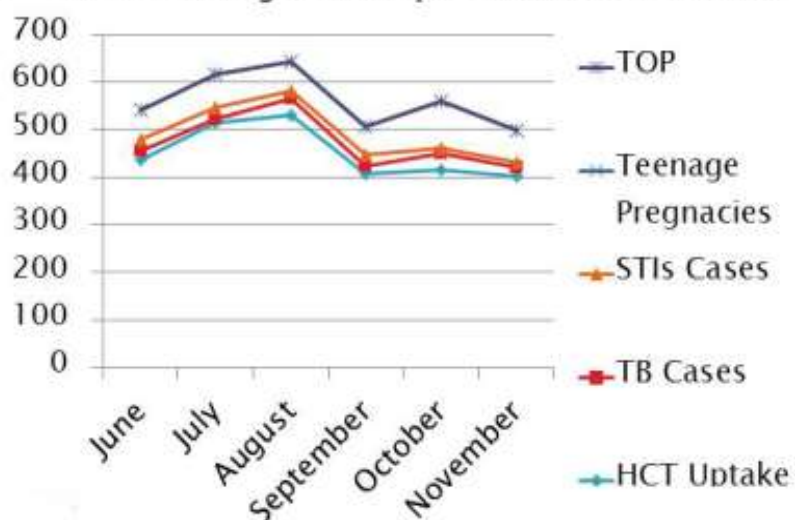


Gauteng Impact Indicators(HIV)



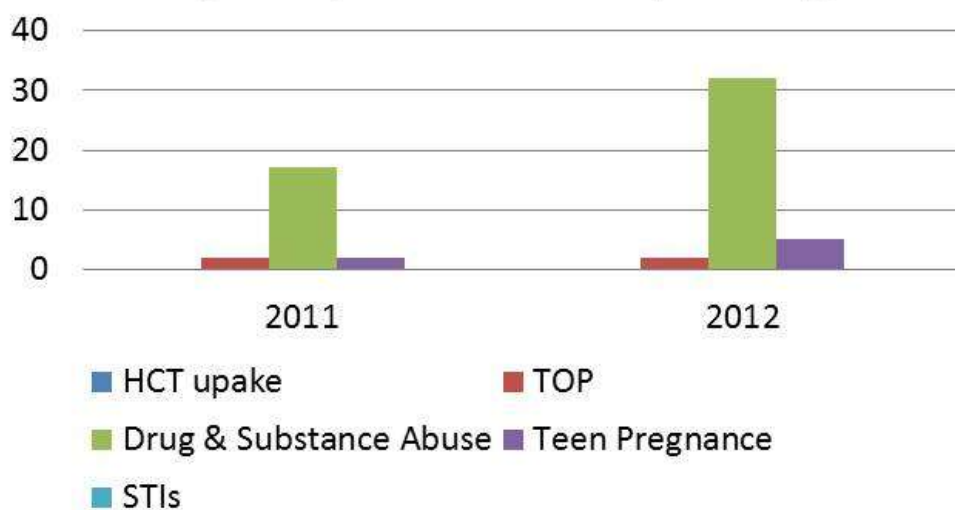
Performance Indicators

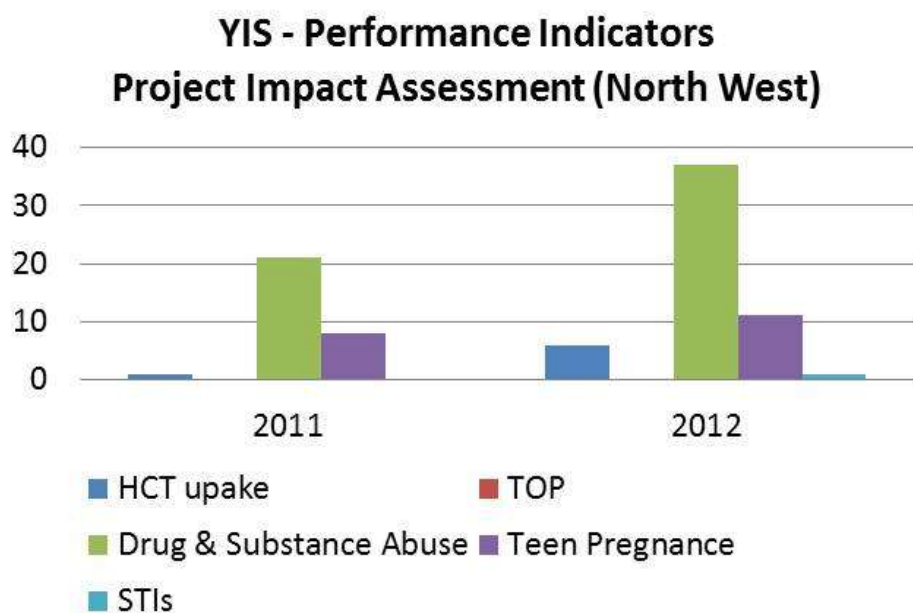
2011 – 2012 Project Impact Assessment Stats



YIS - Performance Indicators

Project Impact Assessment (Gauteng)





CONCLUSION

Great efforts by Zakheni and there is still room to improve and give out the best to ensure that impact of its HIV Prevention programmes are felt heavily at all levels of community outreach.

Sources

1. *National Department of Health, Antenatal Surveillance Survey 2010*
2. *Internal Quarterly reports*
3. *Clinic statistics collection forms*
4. *Progress reports*

OUR DONORS & FUNDERS

- National Department of Health (NDoH)
- National Lotteries Distribution Trust Fund (NLDTF)
- Nelson Mandela Foundation (NMF)
- Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ) GmbH

STAKEHOLDERS AND PARTNERS

- AFS Intercultural Exchange Programme
- City of Tshwane
- Tshwane University of Technology (TUT) Radio
- Mafisa Radio
- Tubatse Radio

Primary Health Care Institutions

GAUTENG

- Jubilee Gateway Clinic
- Clinic 3
- Boikhutsong
- Kgabo Clinic
- Block JJ Clinic
- Maria Rantho Clinic

LIMPOPO

- Phasha Clinic
- Mmutlane Clinic
- Riba Clinic
- Motlolo Clinic
- Mphebophelo Clinic
- Meckleneburg Gateway Clinic
- Ga Selala Clinic
- Majaheng

NORH WEST

- Monakato Clinic
- Kanana Clinic
- Boitekong Health Care
- Chaneng Clinic

Public Schools

GAUTENG

- Semphato Junior Secondary School
- Baleseng Junior Secondary School
- Boepathutse Junior Secondary School
- Kgetsi ya tsie Junior Secondary School
- Ntsako Junior Secondary School
- Diloppe Junior Secondary School
- Botse-Botse High school

NORH WEST

- Seolo Middle School
- Mathlare Mokoutu High School
- Kaledi Secondary School
- Molotlegi Middle School
- S.T Gerald Majella Middle School

LIMPOPO

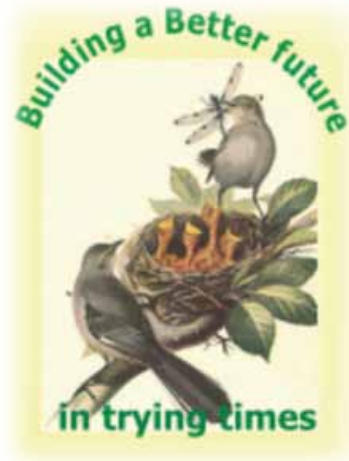
- Poo High School
- Mape High School
- Makopi High School
- Makgamathu high School
- Makuane High School
- Government Communications
- Siyazi Testing Site
- Right Care Testing Site
- Foundation for Professional Development(FPD)
- Department of Correctional Services
- South African Police Services(SAPS)
- Community Newspaper(Sosh Times Newspaper)

This image shows a full page of white paper with horizontal dashed lines, typical of primary-ruled notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



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