ANNUAL REPORT 2010/11







Vision

A development organisation that will improve the quality of life through information sharing and community participation.

Mission

To provide relevant training, diverse development programmes to people in the communities we serve. also to focus on building the capacity of individuals and instilling self worthiness in them.

To present broad activities of the Zakheni Training & Development Centre (ZTDC) over the past year and provides an outlook for the organisation's future.

Prepared by: David Bafana Tshabalala

This document was compiled with inputs from various programmes and activities within the ZTDC as well as a number of associated organisations.

The ZTDC established in 2003 as a Non-Profit Organisation (NPO) operating in three provinces of South Africa and has the mandated responsibility to ensure that all people have access to the supportive information pertaining to the issues which affects life in general.

South Africa is a developing country and it is essential that young people are prepared to face life in a positive attitude and that they are well informed about abstinence at an adolescent development stage and to address issues such as HIV and Aids, Tuberculosis (TB), alcohol and drug abuse.

Table of content

Director's Repor	5
Chairperson's Report	7
Annual Review	9
Peer Educators	10
Mentorship	11
Live Radio Broadcast	12
Soul City Project	13
Community Outreach Campaigns	14
Holiday Seminars	15
Abstinence Walk	16
Youth Training Camps	17
HIV Counseling & Testing (HCT)	18
World Aids Day	19
Achievements	20
Challenges	21
Conclusion	22
Contact Details	23
Glossary	24











As we bring together the 2010/11 Annual Report of the Zakheni Training and Development Centre (ZTDC) to our stakeholders, we wrap up much reason to be concerned about relating events in the communities we serve. HIV and Aids training and development has strengthened since the inception of the HCT Campaigns in the last few years, and the pace of new infection rates has been diminished since the opening of the fiscal year.

On the other hand, our distinctive method of training and development has kept the youth away from engaging in sexual activities, and thus halving the would-be number of new teenage pregnancies within the communities we play a part. Therefore, this does not only place us ahead in dealing with HIV and Aids but it has also demonstrated that we have a lower rate of alcohol and drug abuse by the youth as there is an immense trend of numerous young people finding a pioneering way of dealing with the adolescence dilemmas in a healthier way than giving up their lives to substance abuse through the help of our Peer Educators.

However, since the introduction of the "Implementation Plan to Scale UP HIV/AIDS Prevention and Treatment" by the minister of Health, Dr Pakishe Aaron Motsoaledi, we embarked on working with the local clinics within the communities and there has been a positive embracement of the programmes which Zakheni provides to the health seekers and helping out to harness a positive lifestyle to those who are infected and or affected by TB, HIV and Aids. The partnership with the local clinics has laid a platform for the Peer Educators and Programme Facilitators to offer health talks regarding the HIV Testing and Counseling (HCT).

It is with great pleasure that Zakheni has been able to develop, mentor and contribute to the career development of the young people who dedicate their time to volunteer as Peer Educators and Programme Facilitators. Few volunteers were able to gain experience with Zakheni and they have since secured themselves employment in the corporate world. However, the contributions made by the volunteers to the success of our programmes are endless and are highly appreciated. Once again you have done Zakheni proud and enhanced our reputation as a welcoming, well-organized and helpful training and development centre in the communities we serve.

As the Director, I wish to reassure our stakeholders that their contributions towards the organisation make a tremendous difference to ensure its sustainability. Many thanks and appreciation goes t all the funders, community, management committee, employees and volunteers of the ZTDC for their hard working and dedication during a challenging but exciting fiscal year. I look forward to their support and advice during the next financial year. I also wish special thanks to Mr. Thabo Mooke, for his invaluable contribution during the past year as Publishing Editor of Sosh Times.

Kind Regards,

Teboho Molepo - Founding Director



I have great pleasure in presenting the summarized operational review for the financial year 2010/11as well as an overview of the organisation's communal activities and events during the year under review.

First of all the ZTDC continued to perform extremely well operationally, striving to serve its community and to continuously meet the various needs of the community in the public sphere. Zakheni's partnership with Soul City Institute Health and Development Communications (Soul City) in the rolling out of the "one love" and "phuzawise" campaigns for the 2010/11 fiscal year, which made a tremendous positive impact in the communities we serve.

However, the youth in school programme which mainly focuses in abstinence and life-skills activities was implemented successfully in the selected schools and more than 1000 scholars benefited from this programme.

Across South Africa, the Aids epidemic has left millions of children with neither a father nor a mother and

Zakheni has been able to stand- up in raising the HIV/AIDS awareness and promoting a healthy life style in order to decrease possible new HIV/AIDS infections which may lead to the youth going astray.

Lastly, we would like to express our sincere gratitude to our donors and members of the communities for their loyalty and continued support, and to our staff and all other stakeholders.

M Mabena - Chairperson

Year at a Glance

Core Programmes

The Zakheni Training and Development Centre-ZTDC has been carefully designed to deliver the core programmes, namely Information, Education and Communication (IEC) which are presented in a various forms to the community at large.

ZTDC also offer Peer Education and life-skills programmes to the youth in school and those who are out of school focusing on HIV/AIDS prevention, TB and adolescent development programmes.

However, Zakheni has been successful performing the following activities and events during the period which is under review:

- Peer Education
- Mentorship
- Live Radio Broadcast
- Community Newspaper
- Soul City Project
- Community Outreach Campaigns
- Holiday Seminar
- Abstinence Walk
- Youth Training Camps
- HIV Counseling and Testing (HCT)
- International Volunteers-World Aids Day

In this year's review, we will share some snapshots from our organisational journey. Since Zakheni was able to find that the greatest needs of our communities matched its deepest desire to make a difference in South Africa.

Peer Education

Zakheni's efforts to educate the youth about HIV/AIDS and the dissemination of the health information has been influenced by the rate of teenage pregnancies and the victimization of HIV/AIDS in the youth as large.

However, the ZTDC has recruited 847 Peer Educators who in turn can bridge the gap by taking part in educating the scholars about HIV/AIDS and other life-skills issues which affect them in the face of unavoidable circumstances.

Due to greener pastures emerging from different angles in the world of work, many Peer Educators find job opportunities which put the organisation in the position to recruit new peer educators time after time.

One of our peer educators Kerileng Matabane was appointed as a Bafokeng Regional Coordinator, while Thapelo Mooketsi was appointed by the City of Johannesburg Metro

Police amongst other peer educators who found new jobs as well. Furthermore, Zakheni has held an indoor capacity building workshops with the peer educators on continuous basis to prepare them with information regarding health related issues and renewed the partnership with the Department of Education in order to ensure the sustainability of peer education in the schools within areas of our operation.



Mentorship

The ZTDC has developed a platform for support and mentorship for the Peer Educators who are in school and those who are out of school, it was held from November 2010-April 2011.

"Teaching youngsters to train and advise their peers about issues which affect them in life has been a great challenge since the beginning of the year as many Peer Educators come to the centre without any ideas of what is exactly required out of them. However, they are teachable, and are eager to learn as they show confidence and competent leadership qualities", said Teboho Molepo, the director of Zakheni.

Peer Educators take ownership of this programme as they participate willingly, learn new behavioral patterns and change the way of communication amongst other youth. Knowledge and information sharing plays a key role in mentorship and many young people have recognized the impact of their involvement in the development of their communities.

The main focus of mentorship is to transform the youth into responsible members of the community and to let them lead their peers into a positive lifestyle through instilling the meaning in life and helping them to find their purpose in life.



Live Radio Broadcast

Radio is one of the mass media channels through which communication is disseminated or conveyed to the large amount of recipients or mass audiences. Zakheni has partnered with community radio stations in the three provinces of its operation, namely TUT radio which is based in Gauteng, Mafisa radio which is based in North West and Tubatse FM radio which is based in Limpopo.

Live radio broadcast shows make a tremendous impact to the communities through the dissemination of health issues, such as HCT, abstinence, prevention strategies against HIV/AIDS and TB. This programme is not about dumping communication to the ears of the communities and not making sure that they understand its content. Radio listeners are allowed to call and air their views or requests and nevertheless follow-ups workshops are arranged to emphasize the importance and necessity of the information.

Zakheni makes the communities get involved through well-researched information based on objectives and accurate facts in the prevention of HIV/AIDS and TB. This involves inviting facilitators to explain how programmes work and how they can be accessed. However the broadcast shows make it possible for information to spread through friends, families, neighbours and so forth through committed radio viewers and information sharing.

Soul City Project

The project is evidence of the widely recognized importance of the need for the provision of adequate health awareness campaigns to a particular audience in the South African community. Soul City is known to many South Africans as a television series which is broadcast on SABC 1 but the communities which Zakheni understand that Soul City project is the programme on which the Zakheni Training and Development Centre (ZTDC) embarked in a partnership with the Soul City Institute Health and Development Communications (Soul City) in the rolling out of "One Love" and "phuzawise" campaigns for the 2010/2011 financial year.

The campaign resulted from a research study that was conducted by Soul City in an effort to prevent the spread of HIV/AIDS in the Sub-Saharan region. The research proved that the Sub-Saharan region had a high incident rate of HIV/AIDS because of the practice of multiple concurrent partnerships (MCP).

The project was rolled out into two ways, namely training workshops and community dialogues. The workshops were run over a period of six weeks with one training session per week, while the dialogues were held in the communities with the aim of establishing the need for training and to avoid a platform for discussions or advocacy within the communities we serve.



Community Outreach Programme

Zakheni is a community-based organisation and all of its programmes developed to reach the different communities throughout Gauteng, North West and Limpopo.

Residents of the local communities have relatively good access to the community outreach programmes while the Outreach Volunteers enjoy the opportunity to educate people about HIV/AIDS, TB and other health issues. These programmes entail distributing condoms to the public taverns, tuck shops, shopping complexes and to the public.

On the other hand, people are also encouraged to have their HIV/AIDS status checked/diagnosed and advised on the methods available for them to prevent the spread of HIV, which is abstain, be faithful and condomise. During this programme, dialogues formed in order to ensure that discussions regarding the issues of HIV/AIDS addressed and this mainly takes place at local health facilities such as clinics.



Holiday Seminar

A four-day holiday seminar for 500 Youth in School (YIS) peer educators held as from 29 March to April 1, 2011. The program interacted the youth in school and the learners trained in peer educators. Whereby they were available to share information and experiences and raise self-awareness on TB, STI, Sexuality and HIV/AIDS education.

However, the co-ordination of the overall strategy by the national project coordinator and the distinctive expertise from the executive director place this program at its best, as the desired objectives are achievable.

In spite of the fact, these programmes produce confident and competent youth in school leaders and peer educators are able to influence the acquired knowledge to their peers. Parents also support their children during this school holiday program as they provide all the necessary requirements for their children and thus ensure the success of the program which is to facilitate and acquire information regarding HIV/AIDS, STI's, teenage pregnancy and other health related issues.



Abstinence Walk

Abstinence is the culture and best practice of Zakheni to stop the spread of HIV/AIDS and decrease the possibility of new infections amongst teenagers and the youth as large.

Likewise, this year's abstinence walk did not only mark its presence through attracting massive numbers of participant. However, a total of hundred and seventy five youth members testified to being total abstinence from sex, drugs and alcohol abuse amongst them where hundred and seven females and hundred males. Who were able to stand firm to confess their conduct towards self-love and delectable behaviour.

Zakheni is able to pride itself when youth members do not only hear abstinence messages from the workshops but they indeed act appropriately in line with what they have been taught. This is one of the special techniques that is vital to halve the spread of HIV/AIDS amongst young people in the community. Abstinence walks encourages young people to take control of their lives and proof that HIV/AIDS, drugs and alcohol abuse do not have an entrance into their lives.

Representatives from the health care facilities, churches, SAPS and other NGO's always display a positive support to the abstinence marches that Zakheni conducts. It is however vital to help teenage girls from falling pregnant and contracting sexual transmitted Infections (STI) and HIV/AIDS.



Youth Training camp

A successful training camp for the peer educators, Youth out of School (YOS) and Youth in School took place during the month of March 2011. The event was a purposeful makeup to prove that informed and skillful peer educators who are confident to educate their peers with relevant information are not naturally born with this knowledge but they learn how to be the best peer educators from teamwork.

The training camp occurred at Magalisberg in the North West province where Programme Facilitators joined the Peer Educators in the occasion that was highly executed for team building and information sharing. The whole plan went well to ensure that the implementation of the indigenous games met the purpose of youth development and expertise revitalization in to the game plan – Team Building.

The YOS demonstrated senior background experience to the YIS by sharing impacts on their successes and failures that lead them to their current state of life. This was a revelation to the youth as large since it was clear that whatever activities they engage in would determine the circumstances of their future.

The indigenous games played at the camp included chess, river crossing, fun walk, quad biking and other numerous games that eased the tension amongst the youth. Indeed these proved that young people are energetic and have a great desire to use this energy in an consensus lifestyle. This camp did not only build the admiration within the teams but it advanced the behaviour and attitude that they will clinch in the journey of their lives.

HIV Testing and Conselling (HTC)

Since the establishment of HCT campaigns, by the National Health minister Zakheni moved from the running of HIV/AIDS programmes to dialogues on how to prevent the spread of HIV/AIDS and how to decrease the rate of new infections. However, the stigma and discrimination are the contributing aspects to the spread of the disease in the community and through our involvement, this will eventually be scaled down by 50% as planned by the year 2014.

Programme Facilitators and Peer Educators are working together with our local community clinics in an attempt to combat the spread of HIV/AIDS and help raise its awareness. They offer Health Talks (HT) at these clinics and thus act in the capacity of counselors in conducting HIV test and providing counseling to those in need.

Every time in the community when a person has a lean body, the question is has that person undergone the HIV test since it has now became a norm in the community that everyone who is lean might be HIV positive. However, Zakheni slam these allegations by encouraging people to take HIV tests and slam the speculations made by people but help others to dwell on reality concerning the epidemic disease.

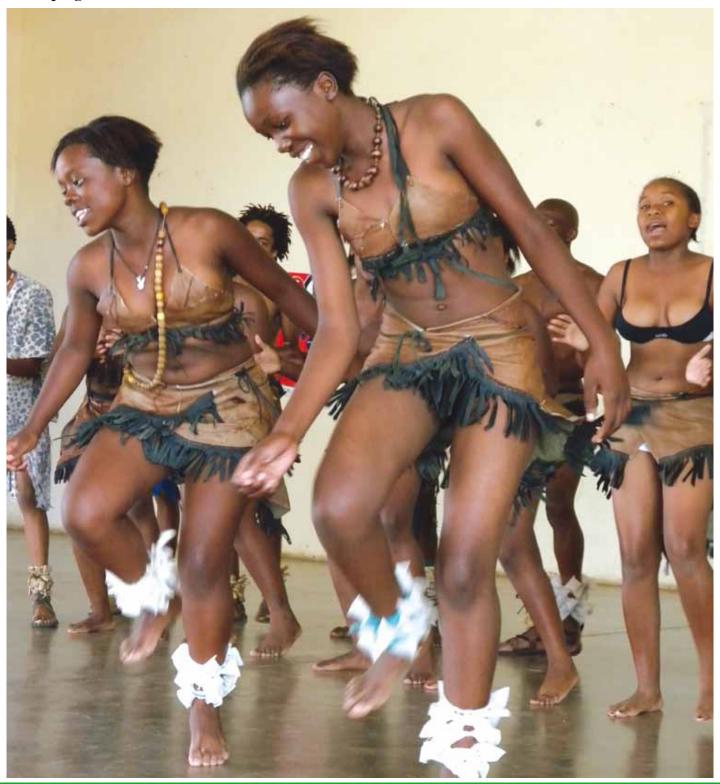
This is the only process, which assures any individual who is sexually active about their status. Everyone else who is not sexually active is also encouraged to test since the infection does not only spread through sexual contact but also through blood contact and mother to child transmission. When a person undergoes an HIV test, he or she is taking control of his or her health to know the status regarding the scourgeful virus that preys on human life. If a person test negative the counselors advise the person to uphold a lifestyle that will keep him or her away from being infected.

However, if anyone tests positive the counselors give the necessary advice and ensure that the test is repeated for confirmation purpose and if the second tests still indicate that the person is HIV positive or give an indication that the blood is reactive to HIV, and then the unbiased counseling is performed. The necessary referrals are made and the recommendations regarding the treatment are then implemented.

World AIDS Day

On the first day of December 2010 an international day to remember those who died of the dreadful disease and to support the affected and the infected, it had attracted a number of participants in the community. All the participants were engaged through a dialoque on pressing issues that affect the community. They also emphasized the need for HCT and community development.

The programme facilitators



Achievements

- Youth in school peer educators initiated a news letter in which they have a column focusing on youth & health issues using the information that they got during the weekly sessions that are conducted by Zakheni.
- With the knowledge the youth out of school participants got from business skills workshops, young people have now initiated small businesses.
- Groups are able to fundraise by performing cultural dances at weddings and parties.
- One of peer leaders got employed at ICI Investment Company.
- To other schools since the DEP has initiated its programme, Zakheni's programme has been listed as
 one of the programmes that make a greater impact to the learners like at Baleseng junior secondary
 school and central secondary school.
- Learners were troubled by the way stigma has taken over our communities and that it has become
 part of our culture so they decided that they will act as ambassadors in opposition to stigma against
 TB and HIV.
- Because of the TB door to door campaign a lot of people started being cautious and decided to go
 and get tested.
- Two people from different areas were referred to their nearest clinics due to their cases of TB reinfections
- Learners also developed a way of continuing the monthly topics event without facilitators constant monitoring.
- Zakheni was identified as one of the organisations that made a great impact to the youth in school by the participating schools.



- Sustainability of youth in school Peer Educators due to the numerous organizations at the same school with different motives. Therefore, our programme only managed to sustain a certain number of individuals in various schools.
- Unemployment is the major factor that contributed to drop out of peer educational programmes as they are busy on the job hunt most of their times.
- During youth out of school workshops, female participants brought along their children and most participants couldn't concentrate due to all the unnecessary movement and noise.
- The complete support from parents as they always show up at events when they are formally invited.

Conclusion

The ability of Zakheni to deliver future commitments from a sustainable foundation is critically dependant upon its personnel and funding partnerships. Although progress to date is good the challenges facing training and youth development will require intense focus and immense effort. Improved programmes will be an essential prerequisite to building capability for sustained performance and the current basis for organizational needs of advancement in the fight against HIV/AIDS and TB.

The Struggle includes the sustainability of the current operating programmes and supporting both the youth out of school and the youth in school in the face of unavoidable sufferings and the fight against poverty, HIV/AIDS epidemic, alcohol and drug abuse. Zakheni will continuously develop coping skills in the community to bring about the much meaningful and participatory community in the development initiatives of South Africa as large.

The year ahead will see implementation of the Sosh Times, communality newspaper operating separately from the ZTDC due to its sustainability and explicit growth of the resolute programme. We are confident that we are building a solid communal development and training centre directed to the wellness of our society for sustainable development and a restructured programmes and activities which meet the needs of the entire community.

Contact Details

Zakheni Training & Development Centre

2276 Block F

Industrial Site

Soshanguve

Pretoria

0152

South Africa

PO Box 186

Soshanguve

Pretoria

0164

South Africa

Telephone: +27 12 797 3583/5

Fax: +27 12 797 3582

Email: Zakheni@ztdc.co.za

Web: www. ztdc.co.za

Glossary

ZTDC Zakheni Training and Development Centre

HIV Human Immune-deficiency Virus

AIDS Acquired Immune Deficiency Syndrome

DOH Department of Health

NPO Non-profit Organisation

ST Sosh Times

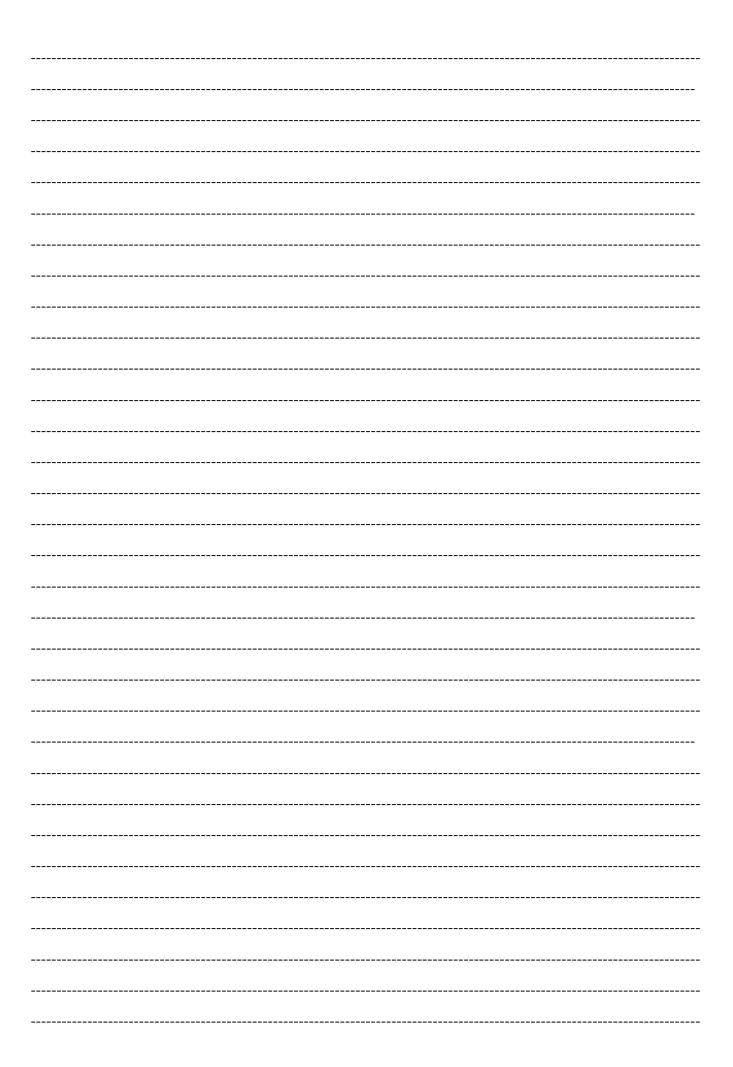
VCT Voluntary Counseling and Testing

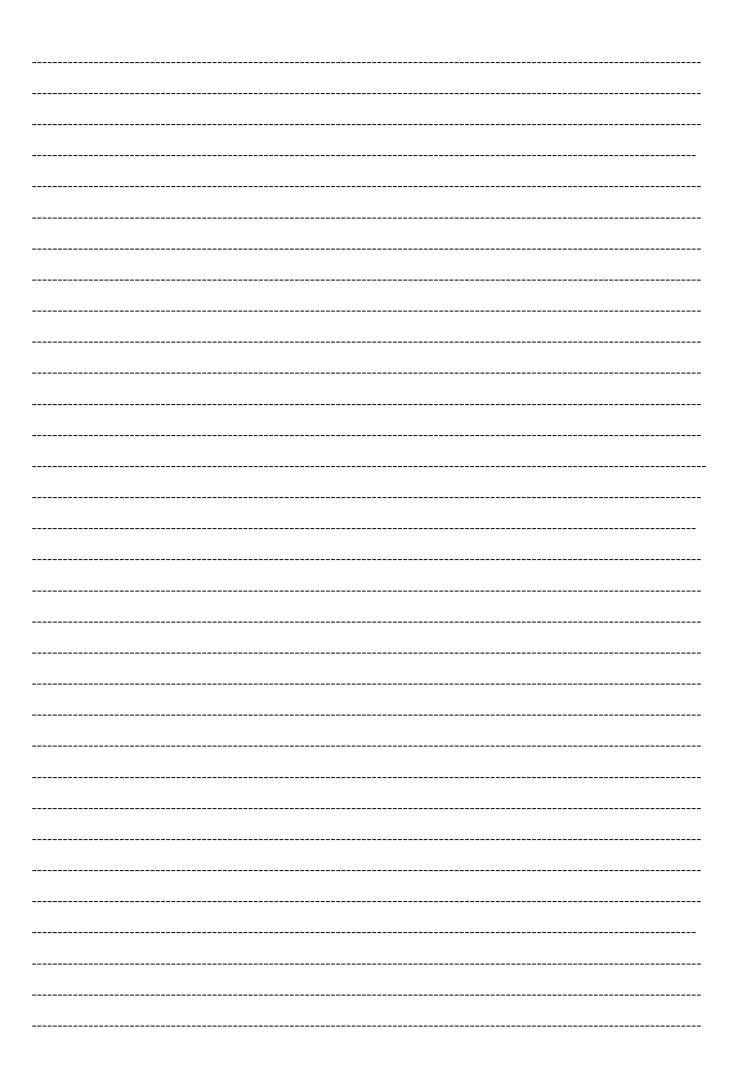
TB Tuberculosis

NGO Non-governmental Organisation

YOS Youth out of School

Notes





Zakheni Training & Development Centre

2276 Block F Industrial Site Soshanguve Pretoria 0152 South Africa

PO Box 186 Soshanguve Pretoria 0164 South Africa

Telephone: +27 12 797 3583/5 Fax: +27 12 797 3582

Email: Zakheni@ztdc.co.za Web: www.ztdc.co.za